



Tuesday, January 30th  
12:30 - 1:30 pm ET  
Livestream & Recorded Virtual Event



**Maybe You Should Talk to Someone.** Every year, nearly 30 million Americans sit on a therapist's couch—and some of these patients are therapists. At this event, you'll hear from one of these therapists - [Lori Gottlieb](#) - a *New York Times* bestselling author of [Maybe You Should Talk to Someone](#). At a time when mental health is prevailing on everyone's minds, you'll be entranced by Lori's startling wisdom and humor revealing our blind spots, examining the truths and fictions we tell ourselves and others as we teeter on the tightrope between love and desire, meaning and mortality, guilt and redemption, terror and courage, hope and change. With probing questions posed by author and workplace expert [Debbie Epstein Henry](#), Lori will leave us with a boldly revealing portrait of what it means to be human, and a disarmingly funny and illuminating account of our own mysterious lives and our power to transform them.

## REGISTRATION

**Current Members:** To register for the January 30<sup>th</sup> event, please e-mail [Renee Green](#).

**Future Members:** [Download an invoice to join](#) the [DEH Speaker Series](#) and gain [Archived Access](#).

**More Information:** [Click here](#) to review highlights of what a corporate membership gets you.

**Questions:** Please e-mail [Renee Green](#).



### DISTINGUISHED GUEST

[Lori Gottlieb](#) is a psychotherapist and *New York Times* bestselling author of [Maybe You Should Talk to Someone](#), which has sold over one million copies and is currently being adapted as a television series. In addition to her clinical practice, she is co-host of the [popular "Dear Therapists" podcast](#) produced

by Katie Couric and writes [The Atlantic's "Dear Therapist"](#) advice column. She is a sought-after expert in media such as The Today Show, Good Morning America, CBS This Morning, CNN, and NPR's "Fresh Air" and her 2019 [TED Talk was one of the Top 10 Most Watched of the Year](#). She is the creator of the [Maybe You Should Talk To Someone Workbook: A Toolkit for Editing Your Story and Changing Your Life](#) and the [Maybe You Should Talk To Someone Journal: 52 Weekly Sessions to Transform Your Life](#).



### INTERVIEWER

[Debbie Epstein Henry](#) is a lawyer turned speaker, consultant, author, and communication coach with expertise in careers, women, workplace dynamics, and law. She speaks at events in the US and abroad, wrote two best-selling books and has been featured by hundreds of news outlets

including *The New York Times*, NBC Nightly News and *The Wall Street Journal*. Debbie hosts the [DEH Speaker Series](#) and the podcast, [Inspiration Loves Company](#), exploring how to do and be better at life, work and everything in between. She's a Member of the Brooklyn Law School Board of Trustees and Co-Founder of the Law School's Women's Leadership Network. She's also past President and Board member of The Forum of Executive Women. Debbie and her husband of 30 years live in the New York area; they have three sons.

Thank you and we look forward to your participation!